

What does Red Belt Signify?

Red Belt signifies danger, cautioning the student to exercise control and warning the opponent to stay away.

When is Korean for 1-step sparring?

Ilbo Matsoki

Why do we jump into 'X' Stance in Toi Gye Tul?

To avoid a stick swung beneath legs horizontal to the ground.

What is the Red Tag Pattern?

Toi Gye Tul

What is the meaning of Toi Gye Tul & how many movements does it have?

Toi Gye is the pen name of the 16th Century scholar Yi Wang who was regarded as an authority on neo-Confucianism. The 37 movements represent his birthplace on a 37-degree latitude. The pattern diagram of Toi Gye represents calligraphy for scholar.

37 Movements.

Korean Translations

Flying	Twimyo
Jumping	Twigi
Knife Hand Low Guarding Block	Sonkal Najunde Daebi Makgi
'X' Fist Pressing Block	Kyocha Joomuk Noollo Makgi
Inner Forearm Middle Block	An Palmok Kaunde Makgi
Palm Inward Pushing Block	Sonbadak Anaero Miro Makgi
Inner Forearm Circular Block	An Palmok Dollimyo Makgi
Outer Forearm 'W' Shape Block	Bakat Palmok San Makgi
Double Forearm Pushing Block	Doo Palmok Miro Makgi
'X' Fist Pressing Block	Kyocha Joomuk Noollo Makgi
Upset Fingertip Thrust	Dwijibun Sonkut Tulgi
Flat Fingertip Thrust	Opun Sonkut Tulgi
Side Punch	Yop Jirugi
Twin Vertical Punch	Sang Sewo Jirugi
Knife Hand Inward Strike	Sonkal Anaero Taerigi
Knee Kick	Moorup Chagi
Back Kick	Dwit Chagi
Head	Mori
Waist	Hori
Closed Ready Stance	Moa Junbi Sogi
Bending Ready Stance	Guburyo Junbi Sogi
Fixed Stance	Gojung Sogi
Vertical Stance	Soo Jik Sogi
'X' Stance	Kyocha Sogi