

What does Yellow Belt Signify?

Yellow Belt signifies the earth from which the plant sprouts and takes root as the foundations of Tae Kwon-Do are laid.

What is a pattern?

A pattern is a set of fundamental movements, mainly in defence and attack, set in a logical sequence against one or more imaginary opponents.

What is the Yellow Tag Pattern?

Chon Ji Tul

What is the meaning of Chon Ji Tul and how many movements does it have?

Chon Ji means literally "Heaven and Earth". In the Orient it is interpreted as the creation of the world, or the beginning of human history. Therefore, it is the initial pattern performed by the beginner. The pattern consists of two similar parts – one to represent Heaven and the other the Earth.

19 Movements.

Korean Translations

Pattern	Tul
L Stance	Niunja Sogi (<i>70/30 weight distribution</i>)
Forearm Guarding Block	Palmok Daebi Makgi
Walking Stance	Gunnun Sogi (<i>50/50 weight distribution</i>)
Walking Ready Stance	Gunnun Junbi Sogi
Forearm Rising Block	Palmok Chookyo Makgi
Double Punch	Doo Jirugi
Obverse Punch	Baro Jirugi
Reverse Punch	Bandae Jirugi
Front Kick	Ap Chagi
Knife Hand Strike	Sonkal Taerigi
Step Turn	Omgyo Didimyo Dolgi
Ball of the Foot	Ap Kumchi
Knife Hand	Sonkal
Fore Fist	Ap Joomuk